8th Lausanne International Symposium of Osteopathy

Osteopathy
from birth
to school age

Saturday 21st January 2012
Symposium at the University of Lausanne

Sunday 22nd January 2012
Workshops at Hotel de la Paix – Lausanne
The Symposium committee has the pleasure of inviting you to attend the 8th International Symposium of Osteopathy at the University of Lausanne.

This year we are offering you an opportunity to improve your knowledge in the field of paediatric osteopathy: “Osteopathy, from neonatal nursery to school age”.

Many osteopathic dysfunctions in infants and children have their origins during pregnancy and during and after childbirth. Osteopathic treatment during pregnancy can in some cases contribute to the prevention of these dysfunctions and premature births.

With 7.5% of births in Switzerland being premature, osteopaths are called upon to treat the babies who are born too early and often weakened by the untimely birth. Parents bring their babies to us for a consultation so that we can help them develop in the best possible way.

A good knowledge of the various potential consequences of these premature births in the short and medium term is a key element of the paediatric osteopathic follow-up of these infants.

Colic and ENT pathologies are an everyday aspect of the consultations in osteopathy.

The concept of pain in babies is also a rapidly developing subject which is worth spending time on.

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The question of the build-up of the immune system and babies’ reactions to each vaccination must be a challenge for us in our therapeutic care.

Since the field of paediatric osteopathy is vast, we look forward to welcoming you to this day symposium which is among the most interesting for all osteopaths who treat or aspire to treat babies and children.

To discuss the various subjects, we are fortunate enough to expect doctors and osteopaths specialising in these fields to participate and to welcome as moderators Professor Jean-Pierre Relier, former head of the Neonatal Medicine Department at Port-Royal Hospital in Paris, and Bruno Ducoux, osteopath D.O. MROF responsible for continuing paediatric osteopathy education in France.

The osteopathic approach on these topics will be discussed on an essentially practical basis through 4 workshops during the Sunday event.

We look forward to meeting you there

Fabienne Maus Talon
Director of the Organizing Committee

Conjunctivitis, chronic otitis, hyperactivity, colic, concentration problems, ongoing orthodontic treatment, scoliosis, plagiocephaly, urinary incontinence, birth by caesarean section or vaginal with the use of forceps or a suction cup, etc. are among the many reasons why parents consult us with their children all year round, sometimes for a single check-up and sometimes for a course of therapy. More and more paediatricians have confidence in osteopathic treatments, but we must remain modest and cautious: vaccines and antibiotics are not responsible for all childhood ailments. Osteopathy can help in paediatrics in many cases, but we also have our failures. This symposium combining osteopathy and allopathic medicine will help us to understand our different approaches better and thus to communicate on a subject as sensitive and fascinating as children.

On behalf of the committee of the FSO (Swiss Federation of Osteopaths), I wish you all a wonderful day full of educational and social interest.

Pierre Frachon
President of FSO-SVO

Organizing Committee for the Symposium
Mrs. F. Maus-Talon – Director, Mrs G. Grimald, J. Emery, E. Villard (secret.), S. Rebetez, C. Mamin, Mr Chr. Fonjallaz.

Chairmen:
Mr Bruno Ducoux, founder member of l’Académie d’Ostéopathie de France, editor of ApoStill and vice-president of the AOF. Gives postgraduate courses in Europe and North America. Member of the executive board of WOHO (World Osteopathic Health Organization). Self-employed osteopath in Bordeaux and in charge of in-service training in paediatric osteopathy, and Mr Jean-Pierre Relier, Emeritus Professor of Paediatrics at René Descartes Paris V University. Author of Adrien ou la colère des bébés.
PROGRAM OF THE SYMPOSIUM - SATURDAY 21 JANUARY
«Osteopathy, from birth to school age»
Simultaneous translation (French, German, English)

From 08h00 Participants’ registration

08.45 to 09.00 Introduction: Moderators: Bruno Ducoux, Ostéopath DO MROF (F), and Prof. Jean-Pierre Relier, former Head of the Department of Neo-Natal Medicine at Port-Royal Hospital in Paris (F)

09.00 to 10.00 “The extremely premature child at school” (in French)
By Prof. Dr. Myriam Bickle Graz, FMH [Swiss Medical Association] Specialist in Development Paediatrics (CH).

10.00 to 11.00 “Dangers associated with premature childbirth and the premature baby” (in French)
By Mrs Claudine Ageron Marque, Osteopath D.O. MRO (F). Midwife D.E.

11.00 to 11.30 Coffee pause– Visit of the stands

11.30 to 12.30 “Pain in the baby” (in French)
By M. Serge Sanchez, doctor in charge of the Hospital Paedopsychiatric Unit, Chablais Hospital, Aigle and Nant sites (CH)

12.30 to 14.00 Lunch buffet– Visit of the stands

14.00 to 15.00 “The etiology of infantile colic from an osteopathic perspective”
By M. Charles Kok Weng Lim, MSc(Ost) DO MSCC (UK)

15.00 to 16.00 “Vaccinations in childhood and adolescence. What is sensible, what is dangerous?” (in German) By Dr Bernhard Ulrich, paediatrician in private practice in Saarbrücken (D).

16.00 to 16.30 Coffee pause– Visit of the stands

16.30 to 17.30 “An osteopathic approach to upper respiratory tract infections in babies and children”
By Mrs Tajinder Deoora, DO, member of the scientific and medical network (UK), of the International Society For Philosophers (UK). Teacher at the British School of Osteopathy, London (UK), Osteopathy School of Hamburg (D)

18.00 Closing

PROGRAM OF THE WORKSHOPS - SUNDAY 22 JANUARY
Consecutive translation in French, English and German if needed

From 9.00 to 12.00 First Workshop
From 13.30 to 16.30 Second Workshop

W1 - Tajinder K. Deoora: An osteopathic approach to upper respiratory tract infections in babies and children
W2 - Claudine Ageron Marque : Face treatment of the newborn and the child (in French)
W3 - Kok Weng Lim : An Osteopathic approach to the gastrointestinal system of the infant
W4 - Bruno Ducoux : Psycho-emotional approach of the infant (in French)
Bruno DUCOUX obtained his osteopath’s degree in Paris in 1985. He has been a member of the Registre français des ostéopathes de France [French Registry of Osteopaths] since 1985, was a founder member of l’Académie d’Ostéopathie de France [French Academy of Osteopathy] (AO), then editor of ApoStill and vice-president of the AO (1999-2001). An international teacher and lecturer (www.osteo-chartrons.net), he gives postgraduate courses in Europe and North America; he leads osteopathy-communication training courses with dolphins in the Azores and research study groups on perception. He is also a member of the executive board of WOHO (World Osteopathic Health Organization), a self-employed osteopath in Bordeaux and at Saint Martin de Pessac Maternity Hospital and in charge of in-service training in paediatric osteopathy (www.frop.fr).

Summary of the workshop “Psycho-emotional approach of the infant”

Powerpoint presentation on
- the importance of emotions in the infant; their origin may be antenatal, linked to birth or postnatal;
- the development of sensory inputs during the first year, a key to health;
- the influence of emotions on sensory development.

Practical sequences of perception of these memories will be proposed.

Professor Jean-Pierre RELIER was Head of the Department of Neo-Natal Medicine at Port-Royal Hospital in Paris. Emeritus Professor of Paediatrics at René Descartes Paris V University, he is the author of L’aimer avant qu’il naisses – Le lien mère-enfant avant la naissance [Loving him before he’s born – The mother-child bond before birth], Laffont, 1993, and Adrien ou la colère des bébés [Adrian or the anger of babies], Laffont, 2002.

1. “THE EXTREMELY PREMATURE CHILD AT SCHOOL”

Prof. Dr. Myriam BICKLE GRAZ, FMH [Swiss Medical Association] Specialist in Development Paediatrics. Specialist Registrar of the Development Unit - Neonatology, CHUV [Centre Hospitalier Universitaire Vaudois – Vaud University Hospital Centre] Lausanne.

Dr Bickle Graz first specialised in general paediatrics while working from 2000 at the Development Unit of the Neonatology Department of the CHUV. From 2002 to 2003 she perfected her knowledge at Hammersmith Hospital in London, in a recognised centre of neonatal neurology. On her return to Switzerland she took part in discussions which led to the creation of the sub-speciality of “development paediatrics”, a speciality she still practises at the Development Unit. Extreme prematurity, with its consequences for the social integration of children, is at the heart of the concerns of the professionals of this department. Their aim is to detect disorders, or at least the first signs of them, as soon as possible, in order to have an impact on these disorders. Publication: “Suivi neurodéveloppemental de l’enfant né prématuré dans l’Arc lémanique” [Neurodevelopmental monitoring of children born prematurely in the Lake Geneva area], Revue médicale suisse romande [French Swiss Medical Review], 2011.

Summary of the lecture

Extreme prematurity, defined as a birth before 32 weeks of gestation, may lead to after-effects in terms of cognition, behaviour and motor skills. These children are therefore monitored, in the countries which have the resources, through consultations with specialists who try to detect and, if possible, treat the disorders before they have a major impact on the social and scholastic integration of these children.
2. “DANGERS ASSOCIATED WITH PREMATURE CHILDBIRTH AND THE PREMATURE BABY”

Mrs Claudine AGERON MARQUE, Osteopath D.O. MRO (F). Midwife D.E.

A member of the French Registry of Osteopaths, a member of WOHO (World Osteopathic Health Organization) and the American Academy of Osteopathy (AAO), for 20 years Claudine Ageron Marque has practised as a midwife and dedicates her considerable clinical experience in gynaecology and obstetrics to an effective and structured osteopathic approach to pregnancy and post-partum. She is the author of the Guide pratique d’ostéopathie en gynécologie [Practical guide to osteopathy in gynaecology], éditions SATAS.

Summary of the lecture
The importance of monitoring pregnancy and accompanying osteopathic procedures in the prevention of dangers associated with childbirth. What actions should be undertaken when parturients are hospitalised with contractions, in a hospital environment?
The premature baby, its characteristics in neonatology, its monitoring, its difficulties. What accompanying osteopathic procedures should be adopted?

Summary of the workshop “Face treatment of the newborn and the child”
Effects of postures acquired in utero, circulars, slings. Sucking, breast-feeding and artificial feeding and sucking fingers and dummies, what are the effects? Suggestions for treatment.

2. “PAIN IN THE BABY”

M. Serge SANCHEZ, doctor in charge of the Hospital Paedopsychiatric Unit, Chablais Hospital, Aigle and Nant sites, therapeutic day centre for young children. Dr. Sanchez practises psychotherapy and psychoanalysis (for children, adolescents and adults) in a private surgery in Montreux. As chief resident in the Eastern Vaud Paedopsychiatric Service, Dr. S. Sanchez worked in conjunction with the Hôpital du Samaritain [Samaritan Hospital] in paediatrics in Vevey, and was the doctor in charge of day hospitals for 10 years at Saint-Légier. He currently works as the doctor in charge of the Hospital Paedopsychiatric Unit and the liaison doctor in paediatrics at Aigle Hospital. He is a member of the committee of the Swiss Association for Psychoanalysis of the Children and the Adolescents, and a member of the committee of the psychoanalytical research group on the development of the child and the infant in Paris. He is one of the group of training supervisors in infant observation using Esther Bick’s method, in Paris.

Summary of the lecture
Physical pain is defined as a disagreeable sensory and emotional experience. Emotional pain also exists in the absence of physical pain. Until the 1990s we thought that the baby did not suffer physically. We now know, and can recognise the signs of pain in the newborn baby. The neurosensory apparatus of the foetus is ready to sense pain from the 24th week of pregnancy. The ill baby also expresses emotional behaviour when faced with pain, something which has also been very well studied.

4. “THE ETIOLOGY OF INFANTILE COLIC FROM AN OSTEOPATHIC PERSPECTIVE”

M. Charles Kok Weng LIM, MSc(Ost) DO MSCC

Kok Weng Lim qualified from the British School of Osteopathy in 1989. He teaches for the post-graduate Sutherland Cranial College and the international department of the European School of Osteopathy. He has been associated with the Osteopathic Centre for Children in London since its inception in 1991, and is currently a consultant osteopath there. He has a keen interest in the development of paediatric osteopathy within the profession.
Summary of the lecture
Inconsolable crying in infancy is a common presentation in practice and it poses considerable challenges in terms of osteopathic diagnosis, treatment and management. The etiology of infantile colic is unknown, but there are common osteopathic findings related to this condition that point to functional and mechanical causes. This presentation attempts to elucidate the possible etiologies so that osteopathic treatment can be directed more precisely and effectively.

Summary of the workshop “An osteopathic approach to the gastrointestinal system of the infant”
In this workshop, the anatomy of the infant digestive system will be presented and a variety of osteopathic treatment approaches will be explored.

5. “VACCINATIONS IN CHILDHOOD AND ADOLESCENCE. WHAT IS SENSIBLE, WHAT IS DANGEROUS?”
Dr Bernhard ULRICH, specialist in paediatric and adolescent medicine
Paediatrician, anaesthetist, school doctor of the Free Waldorf Schools. Member of the International Association of Anthroposophic Physicians, member of the C Committee in the Federal Government since 2004, with a number of published works and many years of teaching. Now a paediatrician in private practice in Saarbrücken.

Summary of the lecture
Starting with a brief summary of the development of the child’s immune system, the seminar will impart fundamental principles regarding specific vaccinations, what is solid knowledge, what is rumour and what is simply wrong. The individual vaccinations will be discussed from the standpoints of effectiveness, risk of infection, side effects of the illness and the vaccination. A programme for personalised vaccination education will be presented.

6. “AN OSTEOPATHIC APPROACH TO UPPER RESPIRATORY TRACT INFECTIONS IN BABIES AND CHILDREN”
Mrs Tajinder DEOORA, DO, a member of the scientific and medical network (UK), of the International Society For Philosophers (UK). Teacher at the British School of Osteopathy, London (UK), Osteopathy School of Hamburg (D)
Tajinder K. Deoora has been in practice since 1983 and has been working with children since then. She is an international lecturer, a faculty member of the Sutherland Cranial College and is the head of clinical studies for the Masters paediatrics course at the OSD Hamburg. She is also the author of Healing through Cranial Osteopathy and co-author of Fundamental Osteopathic Techniques.

Summary of the lecture
Babies and young children are prone to many infections of the upper respiratory tract. This is to enable the naïve immune system to build up its store of antibodies. However, when the infections become persistently recurrent and take a long time to recover, this can lead to secondary effects such as recurrent otitis media and asthma. Looking to the biomechanical nature of the growing physiology of the upper respiratory tract and the causes of its stresses allows the osteopath to support the child in overcoming the infections.

Summary of the workshop “An osteopathic approach to the upper respiratory tract of the infant”
In this workshop we will investigate the predisposing factors that result in babies and children not being able to completely resolve the effects of upper respiratory tract infections. An exploration into the biomechanical factors that impose upon the normal immune function will be used to shed light on different treatment approaches.
Registration conditions for the Symposium

I am attending as:  

FSO Member  
Non-member FSO-SVO

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Attention! Due to the erratic fluctuation of currencies, a payment in Euros will be possible only by 11.11.2011 (cost of the festive evening: Euros 85). Any subsequent billing will be sent in Swiss currency.

Registration:
- by internet on our website: www.fso-svo.ch
- by mail: by completion of the attached reply slip

Information:
- by email: symposium@fso-svo.ch
- by phone: + 41 79 395 80 29 (fr) +41 79 956 86 24 (deu, eng)

Registration is effective on receipt of payment.
Fees cannot be refunded in the event of non-attendance.

Attendance time: The Symposium and Workshops qualify for further training certificate. (Symposium 7.5 hrs, Workshops 6 hrs)

Closing date for registration: by 31. December 2011
Reduced fee by 11.11.2011

Payment method:
- From Switzerland: Upon reception of your registration you will receive an invoice from Caisse des Médecins.
- From Abroad: Upon reception of your registration you will receive payment information from Caisse des Médecins.
No cheques accepted.

ACCES the UNIL

Easy access:
- Highway Lausanne-Sud / exit UNIL-EPFL
- from Lausanne, bus no 2 / Terminus
- TSOL (Tube) directly from the city center / stop UNIL
- Free parking
HOW TO REACH THE HOTEL DE LA PAIX

FROM THE TRAIN STATION BY BUS
Exit the station by the main door (North side), just in front of you (do not cross the street) take bus 1–direction Saint-François. Step out of the bus at SAINT-FRANCOIS (3rd stop) and take at right. Walk in direction Avenue Benjamin-Constant. The Hotel de la Paix lies at the top of the street.

BY THE MOTORWAY FROM GENEVA, BERN OR NEUCHATEL
Take the exit LAUSANNE-SUD
At the first cross-road, follow the direction for : CENTRE
Follow the yellow signs for : DE LA PAIX and the ones for CENTRE
Pass through Saint-François square, take Avenue Benjamin-Constant, the hotel parking is located opposite to the hotel building (on your right once you are driving up)

BY THE MOTORWAY FROM VEVEY
Take the exit LAUSANNE-VENNES
At the first light take a left direction CENTRE
Follow the yellow signs for : DE LA PAIX and the ones for CENTRE
Once you see the cathedral, keep on driving towards Center you will see a large bridge on your left : Pont Bessières (don’t take it), keep on coming down. In front of you you will see the Hermès boutique, the Hotel de la Paix is located just behind at the front of the same building (drive around it)